Level 1 Lesson 1

Activity 1: Beat



Click on this video icon and follow the instructions given in the video.

Beat

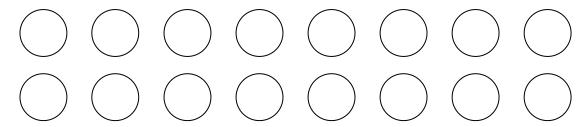
The **beat** is the "heartbeat" of the music.

The beat makes us tap our foot or clap our hands to music.

It is regular, consistent and steady.

Point to the beat, using "Beat Circles" as you listen to or sing various songs.

Beat Circles



Rhythm Sing "Who's That Yonder?" pointing to the beat circles above.

- Sometimes you sing one word (or syllable) on each beat,
- · sometimes you sing two words (or syllables) on each beat and
- sometimes you don't sing anything on a beat.

The pattern of shorter and longer sounds on a beat is called the **rhythm**.

The words in a song show the **rhythmic pattern**.

Sing "Who's That Yonder?" once more, pointing to the beat circles above and write one, two or no strokes inside each circle (showing how many sounds you sing on each beat).

The **rhythm name** of a note is used when reading a rhythm out loud.

Activity 2: Crotchets, Quavers and Crotchet Rests



Click on this video icon and follow the instructions given in the video.

= **crotchet** (English Name) = **quarter note** (American Name) = **one** sound (word) on a beat. Its rhythm name is **ta**.

= crotchet rest = quarter note rest = no sound (word) on a beat.

(Although a rest is a silence and therefore needs no rhythm name when reading out loud, when practicing this rhythm we can say **za** in our heads.)

= two quavers (English Name) = two eighth notes (American Name) = two equal sounds on a beat. Its rhythm name is ti-ti.

= one quaver or eighth note = a half of a beat. Its rhythm name is ti.

Activity 3: Writing the Rhythm of a New Song



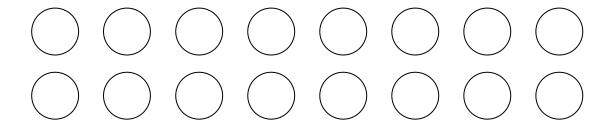
Click on this audio icon to hear "What's the Time" being sung with the words five times.

Once you have listened several times, begin singing along with the song, while pointing to the beat circles below.

Write the stick notation for the rhythmic pattern (of the words) of the song in the beat circles below.

Finally, sing the song in rhythm names while quietly tapping the beat.

Beat Circles



Activity 4: Rhythmic Sightreading



Click on the video icon (in the left margin) and follow the instructions given in the video.

Read the rhythm names, in your head and out loud, of **Rhythmic Sightreading 1** below, while tapping the beat. (Once you have learned the conducting patterns perform the beat by conducting instead of tapping).

Rhythmic Sightreading 1



Activity 5: Rhythmic Clever Echo Activity



Clever Echo is an **instant rhythmic dictation** practice activity. Click on this Clever Echo Video icon and follow the instructions given on the video.

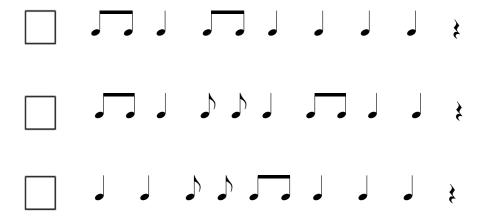
Level 1 Lesson 1 - Worksheet

Question 1: Rhythmic Recognition. Follow these instructions to complete this question. (Musicianship & Aural Training for the Secondary School, Level 1 Books, Page 2, Q. 1).

Sightread each of the following rhythms by reading each in rhythm names, in your head then out loud, while tapping the beat.

Click on this audio icon to hear the three rhythms for **Question 1: Rhythmic Recognition** being played in a different order from that seen below. You will hear four beats of click track before each playing begins.

As you listen, write the number "1" in the box to the left of the rhythm you hear first, number "2" in the box to the left of the rhythm you hear second and number "3" in the box to the left of the rhythm you hear third.



Question 2: Rhythmic Dictation. Follow these instructions to complete this question. (Musicianship & Aural Training for the Secondary School, Level 1 Books, Page 2, Q. 2).

Click on this audio icon to hear the rhythm for **Question 2: Rhythmic Dictation** played five times Each playing will be preceded by four beats of click track.

During the first playing of the eight beat rhythm listen and quietly tap the beat.

As you listen to the second playing, point to the beat circles below, considering how many sounds you hear on each beat.

During the third and fourth playings, write the stick notation for the rhythmic pattern you hear in the beat circles.

Finally, during the fifth and final playing, read the rhythm names of the rhythmic pattern you have written in the beat circles below, in rhythm names, to correct any errors if necessary.

