## Why Teach Music?



### **Deborah Smith**

Plato said "I would teach children music, physics, and philosophy; but most importantly music, for the patterns in music and all the arts are the keys to learning."

Shinichi Suzuki said that "Teaching music is not my main purpose. I want to make good citizens. If children hear fine music from the day of their birth and learn to play it, they develop sensitivity, discipline and endurance. They get a beautiful heart."

Richard Gill said "We teach music because it is unique and good. We teach music so that children can make their own music. We teach music because it acts in a unique way on the heart, mind, soul and spirit of the child, stimulating thought and imagination in very special ways. These are the real reasons for teaching music."

According to Rudolf Steiner the making of music is essential in experiencing what it is to be fully human.

A study by researchers at the German Institute for Economic Research concluded that music training "improves cognitive and non-cognitive skills more than twice as much as sports, theater or dance."

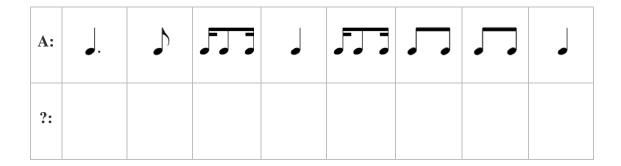
In 1999, James Caterall, an arts education policy analyst at UCLA, found that students who studied music had higher grades, higher test scores, better attendance records and higher rates of community engagement than other students.

Susan Hallam, from the Institute of Education at the University of London, said "Music should be central to the school curriculum because it improves children's health and wellbeing. Music is as important a subject for schoolchildren to study as English or Maths".

Studies have found that students from low income families who receive high levels of engagement with the arts are more likely to be involved in the community, do volunteer work, finish a degree and follow a professional career path.

As music teachers we should all have a very clear rationale for why we teach music.

That is what you set out to achieve every time you walk into your classroom.

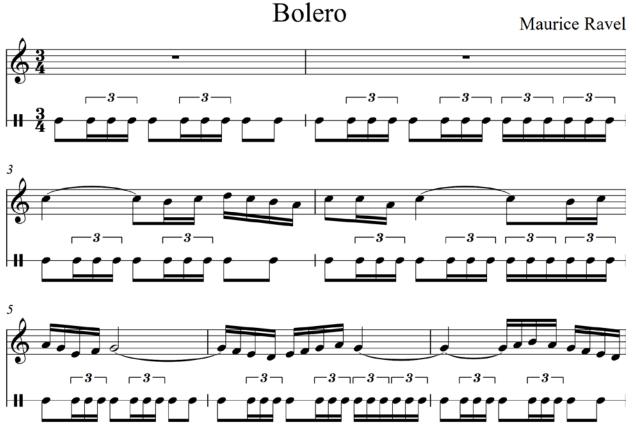


### Why Do I Teach Music?

To produce adults to whom music is not a way of earning a living but a way of life and To allow students to

- develop a true knowledge and understanding of the language of music, making ALL types of music and music making accessible;
- experience music they would not usually be exposed to:
- improve listening skills learn to listen;
- experience small successes which in turn improves self-confidence;
- learn perseverance when practicing a skill, concept, musical work etc for a long time in order to achieve long term success. This helps students learn to set, and work towards, goals;
- improve the ability to concentrate and focus memory;
- improve their health and well-being;
- think creatively and to learn to express themselves through music;
- connect to other people and to assist with the development of social skills such as self-control, the ability to work in a group and to learn sensitivity towards others;
- develop language (singing) and to aid physical coordination (singing/clapping games);
- experience joy and to have fun in a safe environment.....

### Why Do YOU Teach Music?

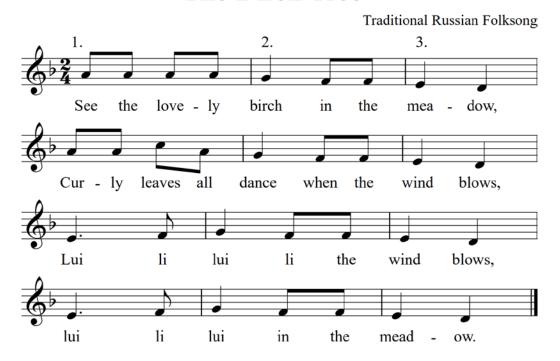


etc

# Madrigal

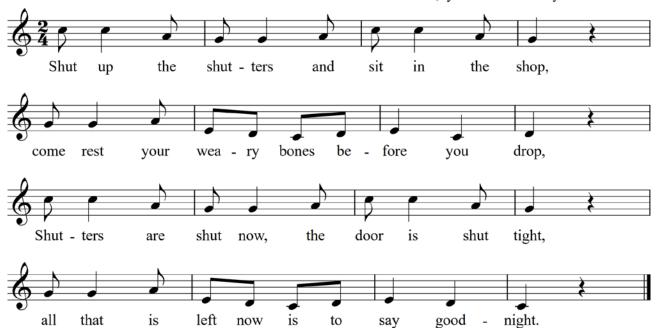


## The Birch Tree



### Goodnight!

Music, lyrics and actions by Deborah Smith



**Game directions:** Students stand in groups of four with each pair facing each other and number around the group: 1, 2, 3, 4.



#### Phrase 1 (& 3)

Beat 1: Tap own hands on own knees
Beat 2: Clap own hands together

Beat 3: Tap right hand to left knee and left hand to right shoulder and look right

Beat 4: Clap own hands together

Beats 5 to 8: Repeat Beats 1 to 4 with opposite hand and shoulder

### Phrase 2 Passing the beat

Beat 9: Student no 1 claps both their hands against the hands of student no 2
Beat 10: Student no 2 claps both their hands against the hands of student no 3
Beat 11: Student no 3 claps both their hands against the hands of student no 4
Beat 12: Student no 4 claps both their hands against the hands of student no 1

Beats 13 to 16: Repeat Beats 9 to 12 in reverse direction beginning with student no 1 claps both their

hands against the hands of student no 4

### Phrase 3

Beat 17: Tap own hands on own knees Beat 18: Clap own hands together

Beat 19: Tap right hand to left knee and left hand to right shoulder and look right

Beat 20: Clap own hands together

Beats 21 to 24: Repeat Beats 1 to 4 with opposite hand and shoulder

#### Phrase 4

Beat 25: Clap own hands together

Beat 26: Students 1 & 3 clap hands together up and across the centre of the group while

students 2 & 4 reach sideways and tap their left hand on the shoulder of the student

to their left and their right hand on the shoulder of the student on their right.

Beat 27: Clap own hands together

Beat 28: Students 2 & 4 clap hands together up and across the centre of the group while

students 1 & 3 reach sideway and tap their left hand on the shoulder of the student to

their left and their right hand on the shoulder of the student on their right.

Beats 29 to 32: Repeat Beats 25 to 28