For use once ALL Section 3 concepts have been learned. Alternate between Block 1 & Block 2 each day.

Block 1 - Practice Session Tick date when completed	12/3	13/3	14/3	15/3	16/3	17/3	18/3	19/3	20/3	21/3	22/3	23/3	24/3	25/3
Rhythm: Read one compound time rhythm in rhythm names with conducting using Rhythmic Examples from Section 3 and completed transcriptions														
Rhythm: Write one compound time rhythm in shorthand using Rhythmic Examples from Section 3 and completed transcriptions														
Scales: Sing the Natural Minor scale in solfa with handsigns <u>V32a</u>														
Scales: Practice writing scales in treble or bass clef using the VMPC Scale Writing Worksheet 3														
Intervals: Sing A natural minor scale with intervals in solfa with handsigns <u>V34a</u>														
Melody: Sing one natural minor melody, in solfa with handsigns using Melodic Examples from Section 3 and completed transcriptions														
Chords: Sing the C Major tonic triad with intervals in solfa with handsigns <u>V28a</u>														
Chord Progressions: Sing the primary triads in solfa with handsigns <u>V29a The Primary Triads</u>														

Block 2 - Practice Session Tick date when completed	12/3	13/3	14/3	15/3	16/3	17/3	18/3	19/3	20/3	21/3	22/3	23/3	24/3	25/3
Rhythm: Compose one compound time rhythm using ONLY rhythms in Section 3. Use the VMPC Rhythm Composition Sheet 2														
Scales: Sing the A, D, E, B or G natural minor scale in letter names														
Intervals: Sing all Major & Perfect Intervals in solfa with handsigns <u>V9</u>														
Intervals: Sing all minor & Perfect Intervals in solfa with handsigns <u>V10</u>														
Melody: Sing one natural minor melody, in letter names using Melodic Examples from Section 3 and completed transcriptions														
Melody: Compose one A natural minor melody then sing in solfa with handsigns using the VMPC Melodic Composition Sheet 1														
Chord Progressions: Sing one bassline in solfa with handsigns: <u>V39</u> <u>V40</u> <u>V41</u> <u>V42</u>														